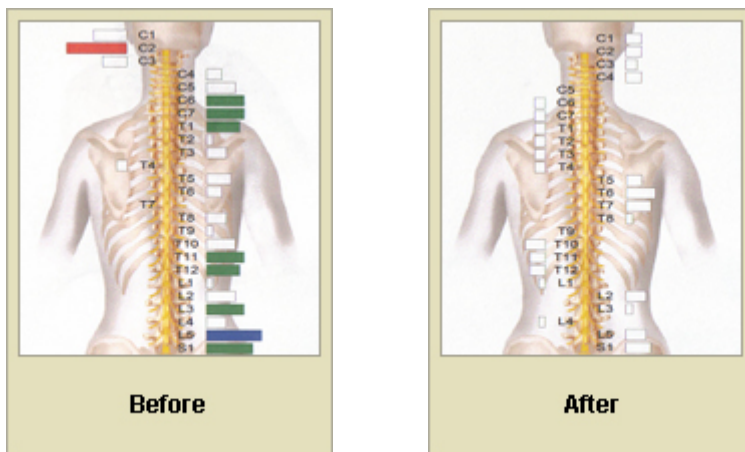


### ❑ 3 Year old with asthma and ear infections

This once rare disorder has exploded in incidence and is now the most common chronic disease of children. It causes more time to be lost from school than any other pediatric disorder. Asthma was almost never a fatal disease, but now it's attributed to causing up to 5,000 deaths a year.

“There are possibly millions of asthmatic children who are destined to a life dependent upon medication; these children may never have the chance to see if chiropractic spinal adjustments can help their asthma and provide them with a better quality of life.” Peter Fysh, D.C. Dynamic Chiropractic. Sept. 25, 1995, p.16.

This boy was brought in to see us by his parents who didn't want their child on medications - he came to us on puffers and antibiotics. His problems created a lot of stress in his family because of his difficulty with breathing and chronic ear infections. Here are his pre and post thermal scans. He is now puffer free and no longer needs antibiotic therapy. Another great example of the body's ability to heal when there is no interference present; we get to see these 'little miracles' happen everyday in our office.



Dear Dr. Jon,

*I am so glad we came into to see you. Last year we were at our family doctor's too many times to count! Sean [name changed for confidentiality] has not got an ear infection since he began getting adjusted and his asthma is now under control. I am so thankful for your help and expertise.”*

-K.C.

### ❑ Want Research?

***Upper cervical chiropractic care of the pediatric patient: A review of the literature  
Prax, JC Journal Of Clinical Chiropractic Pediatrics Volume 4, No. 1 1999***

This is a review of the literature on upper cervical adjustments in the pediatric patient (infants and small children). The author extracted data from indexed and non-indexed sources with four computer-based systems: Mantis, Medline, Index to the Chiropractic Literature, and Chirolars. Non-indexed literature was reviewed manually utilizing

references from journals and textbooks. Approximately 58 articles on chiropractic care of the pediatric patient in relation to upper cervical adjustments (full spine chiropractic techniques may have been used as well) were found. This review summarizes 25 studies documenting the positive outcomes on over one thousand children under chiropractic care.

***Chronic pediatric asthma and chiropractic spinal manipulation, a prospective clinical series and randomized clinical pilot study. Bronfort, G, Evans RI, Kubic P, Filin P. Journal of Manipulative and Physiological Therapeutics 2001;24(6):369-77.***

Thirty-six children aged 6 to 17 with chronic, mild or moderate asthma were observed over a three-month period. They received either a true or “sham” adjustment. Those who received adjustments rated their quality of life substantially higher and their asthma severity substantially lower. These improvements were maintained at the 1-year follow-up assessment. There were no important changes in lung function or hyper responsiveness at any time.

***Chiropractic care of 401 children with otitis media: a pilot study. Fallon and Edelman. Alternative Therapies March 1998 4(2):93***

Conclusion: There is a strong correlation between chiropractic adjustments and the resolution of otitis media for the children in this study, Chiropractors do not treat otitis media or any other malady, but rather we correct the cause of the vertebral subluxation and allow the power that made the body heal the body. It happens no other way.